



MONTESSORI
School of Lemont

Second Semester 2022-23 AFTER SCHOOL SPECIALS

Mondays

Yoga Fun (PreK-K)

Begins 1/23, 10 weeks

In Yoga Fun students will learn how to incorporate mindfulness into everyday life. Learn how to calm your breath and mind, focus, increase strength and flexibility and relax through asanas (poses).

Strategic Board Game Club (4th-9th Grade)

Begins 2/6, 12 weeks

A club that celebrates intelligence, creativity, strategy, and fun. Embrace strategic thinking, decisions that matter, learning how to work with someone else or possibly against someone else, or potentially just a way to let off some good laughter. Learn and play popular strategic board games in a casual, after-school club. Members will choose from an array of games including Settlers of Catan, Ticket to Ride, Tsuro, Monopoly, Dungeons and Dragons, Plunder, Risk, and a host of other great games!

Volleyball (3rd-9th Grade)

Begins 3/6, 9 weeks

Students will learn a sport that they can play for a lifetime! In a fun and supportive environment, we will work on honing volleyball skills - serving, bumping, setting, rules of the game, how to score, and proper positioning and rotation. Additional benefits include development of coordination and teamwork skills.

Tuesdays

Chess Scholars (4th-9th Grade)

Begins 1/10, 8 weeks

The purpose of Chess Club is to teach students self-improvement and problem solving through the game of chess. We will introduce students to core concepts in all phases of the game while teaching vital critical thinking skills such as forward thinking, evaluating consequences analyzing and completing ideas, recognizing patterns, and how to develop and implement a strategy. No prior chess experience is needed.

Soccer Shots (1st-3rd Grade)

Begins 3/14, 8 weeks

Soccer Shots meets once a week on the MSOL soccer field, weather permitting. Instructors are energetic and enthusiastic teachers who love working with children. We not only teach soccer skills, but also work on improving balance, coordination, and agility. Soccer Shots also teaches children important concepts such as teamwork, sharing and respect. Come join the fastest growing youth soccer program today! Includes jersey!

Wednesdays

Peaceful Painting (1st-9th Grade)

Begins 1/18, 12 weeks

Painting is a way for children to do many important things: convey ideas, express emotion, use their senses, explore color, explore processes, and create aesthetically pleasing works and experiences. At first glance, painting is simply a relaxing hobby. But there is so much more - painting has both intellectual and spiritual benefits. It is a mindfulness practice and a communication tool. Painting teaches you to appreciate what is in front of you and leaves you with a more optimistic outlook on life. And did we mention it is fun? Students will learn different painting techniques using mixed medias for in a peaceful, fun and relaxing environment.

Registration Due by: 12/16



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Wednesdays cont.

Theater Class (3rd-9th Grade)

Begins 1/11, 19 weeks

Learn to be confident, control your body and voice, improvise a scene, play theater games, read a script, create and perform characters, learn and remember lines, listen and be observant, and work as part of a team.

Thursdays

Orienteering (1st-6th Grade)

Begins 2/2, 6 weeks

Discover the adventure of orienteering by exploring the outdoors. Use your imagination as you traverse your way through the rain forest, desert, forest, volcano, and the center of the Earth! Students will learn survival skills as they make discoveries and improve their problem-solving potential in a natural environment. Be sure to dress for the weather!

Soccer Shots (PreK-K)

Begins 3/16, 8 weeks

Soccer Shots meets once a week on the MSOL soccer field, weather permitting. Instructors are energetic and enthusiastic teachers who love working with children. We not only teach soccer skills, but also work on improving balance, coordination, and agility. Soccer Shots also teaches children important concepts such as teamwork, sharing and respect. Come join the fastest growing youth soccer program today! Includes jersey!

MSOL Children's Choir (1st-9th Grade)

Begins 4/6, 7 weeks

Music is an essential element in the spiritual formation of children. This process cultivates a sense of responsibility, commitment, self-discipline, confidence, and poise. Participants will learn to sing two-part music and harmonization of fun songs. The choir serves as an introduction to proper use of the vocal instrument, musicianship, ear training, and sight singing skills. We plan to perform at all move up ceremonies and the talent show.

Fridays

Food Science/Culinary Arts (3rd-9th Grade)

Begins 1/6, 10 weeks

Students will make fun food science discoveries in Culinary Arts & discover the excitement of science in the kitchen along with making tasty treats. We will learn how chemistry and the changes in matter effect our food. Plus, we will be learning about food preparation, nutrition, food safety and the scientific method while experimenting with food in the kitchen.

Farmessori (1st-6th Grade)

Begins 4/7, 6 weeks

Discover the fun of Farmessori on Fridays. Students experience Erdkinder while planting and preparing the organic school gardens and caring for the MSOL school chickens and pets. Students will learn methods for composting, planting, and raising animals.

Registration Due by: 12/16

After School Specials are facilitated by instructors completely independent of Montessori School of Lemont. All communication regarding classes, cancellations & make-up dates (if applicable) will be directed to the specific instructor. Registration is on first come, first served basis. Fees will be refunded if minimum enrollment requirements are not met and/or if classes are full.